

Warm Up

Identify the kind of energy each example listed below has. Write KE for kinetic energy, EPE for elastic potential energy, GPE for gravitational potential energy.

1. A moving skateboard
2. A rock at the edge of a cliff
3. A stretched rubber band
4. Rubber band flying across a classroom
5. A basketball passing through a hoop
6. Dumbbell lifted above a weightlifters head
7. An acorn hanging from an oak tree
8. A person climbing a ladder
9. Closed Jack-in-the-box
10. Jack-in-the-box springing open

